

Course Details

To register for the course:
www.permeseminars.com

Registration Fee: \$490.00

Educational Level: Introductory

Instructional Method

Lectures, Quizzes, Discussions

Suggested Audience

PT, OT, SLP, PTA, COTA, other ICU
Healthcare Professionals

Prerequisites: None

CEUs: This course meets criteria
for 14 contact hours/1.4 CEUs

Criteria for Completion

Evidence of attending entire course.
Partial credits are NOT offered.

Cancellation Policy: Course dates are
subject to change and/or cancellation.
Course may be cancelled in the event
of unpredictable or uncontrollable
circumstances. Only in this case the
registration fee will be refunded in full.

Learning Assessment Methods

Questions and Answers, Quizzes, Polls,
Discussions, Post-test



Speaker Biography

Christiane Perme, PT, CCS-E, FCCM, is the founder of Perme ICU Rehab Seminars, INC and serves as a Rehab Education Specialist at Houston Methodist Hospital, where she has dedicated more than 30 years of her career as a physical therapist exclusively in ICU. She is an Emeritus Board Certified Cardiovascular and Pulmonary Clinical Specialist and holds the prestigious title of Fellow of the American College of Critical Care Medicine, the first physical therapist in the world to receive such recognition.

Mrs. Perme specializes in early mobility in the ICU, focusing particularly on patients requiring mechanical ventilation. With 26 published articles and contributions to 10 book chapters, she is recognized as a leading authority in her field. Her expertise is emphasized by her authorship of the "Perme ICU Mobility Score" and the "Perme ICU Physical Therapy Competency".

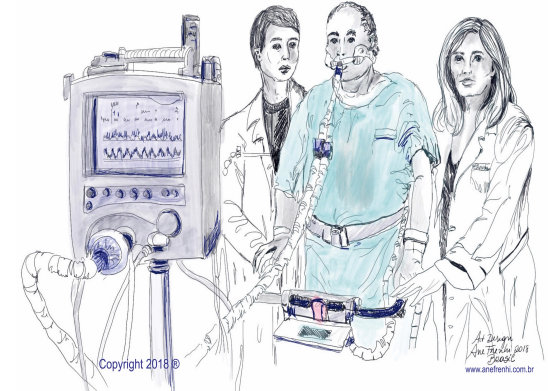
As world-renowned speaker, Mrs. Perme has presented hundreds of courses and lectures in different countries, including the United States, India, Peru, Ukraine, Brazil, United Arab Emirates, Chile, Colombia, Puerto Rico, Germany, Denmark, Russia, Nigeria, Netherlands, Canada, and Spain.

For additional information and special needs
requests, please contact:
cperme@permeseminars.com



Perme ICU Rehab Seminars

Excellence in ICU Rehab Seminars
Come learn with us...



"Fundamentals Of ICU Rehab"

Onsite Course

Dates: January 16-17, 2026 (Fri & Sat)

Course Location:

UAB Rehabilitation Pavilion-Room 606
1700 7th Ave S
Birmingham, AL 35233

Instructor:

Christiane Perme, PT, CCS-E, FCCM



Course Description

Therapists working with patients in ICU face complex challenges. The content of this course will guide clinicians through the process of understanding and managing adult ICU patients, from patient selection and therapeutic interventions to choosing outcome measures. This course is designed to inspire clinicians to reflect on and understand the clinical principles that promote best practices in the ICU and positively influence the recovery of patients.

Testimonials

"Best course ever taken!"

"Chris is a GREAT course instructor! She presented ALL the information in organized & clear manner."

"Great energy and kept audience engaged for the entire 2 days!"

"Very dynamic and passionate speaker."

"This course should be a requirement for every therapist prior to working in ICU."

"Highly recommend this course."

"Chris is such an amazing therapist. She inspires us to keep on going and be a better advocate for our patients. "

"Chris is passionate about what she does and that's evident. I really enjoyed the course and all the information she shared with us."



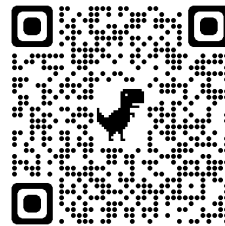
Perme ICU Rehab Seminars is an AOTA Approved Provider of professional development. Course approval ID #11159. This distance learning-interactive is offered at 1.4 CEUs, introductory, OT service delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Objectives

Upon completion of this course, the participants will be able to:

- Select patients for early mobility and rehab in ICU using clinical decision-making skills.
- Identify ventilator settings on screen and summarize most common modes of mechanical ventilation.
- Identify and state function of commonly vascular catheters, tubes, and equipment used in the ICU.
- Describe two common types of weakness associated with critical illness.
- Discuss clinical implications of lab values and medications in ICU.
- Recognize importance of functional outcomes for patients in ICU.
- Examine therapeutic interventions as treatment options for patients in ICU.
- Identify the role of multidisciplinary team members in ICU.
- Synthesize information for use in clinical and academic practice.



For more information:
www.permeseminars.com

"Fundamentals Of ICU Rehab"

Schedule

Day 1 - Fundamentals of ICU Care- 8AM-5PM

7:30-8:00: Registration
8:00-9:00: Early Mobility and Rehab in ICU: Clinical Concepts & Evidence Based Practice
9:00-9:30: Mechanical Ventilation Explained Simply
9:30- 9:45: Break
9:45-11:30: Mechanical Ventilation (cont.)
11:30-12:00: Non-invasive Ventilation
12:00- 01:00: Vascular Catheters
1:00-2:00: Lunch
2:00-3:00: Artificial Airways
3:00 - 3:15: Break
3:15-4:15: ICU Monitoring, Equipment and Medical Devices

Day 2 - Essentials of ICU Rehab 8AM-4PM

8:00-9:00: Weakness in the critically ill
9:00-10:00: Medications commonly used in the ICU
10:00 - 10:15: Break
10:15- 10:45: Interpreting Laboratory Values
10:45 -11:30: Assessment of patients in ICU
11:30-12:00: Functional outcome tools in ICU
12:00- 01:00: Post-Intensive Care Syndrome (PICS)
1:00-2:00: Lunch
2:00 - 2:30: Therapy Interventions: Function oriented treatment from Positioning and Exercises
2:30 - 2:45: Break
2:45 -3:45: Therapeutic Interventions in ICU: Function oriented treatment for Transfers and Ambulation
3:45 - 4:00: Final Thoughts / Discussion