

Course Details

To register, please go to:
www.permeseminars.com

Registration Fee
\$450.00

Course Location
Methodist Hospital
John Hornbeak Bldg -Frio &Guadalupe
4450 Medical Dr
San Antonio, TX 78229

Instructional Method
Lectures and Discussions

Suggested Audience
PTs, OTs, PTAs, COTAs, and other
Healthcare Professionals

CCU/CEU

14.0 contact hours/1.4 CEUs

PT:Approved by TPTA
PT:Illinois Dept of Financial & Professional
Regulation License # 216.000338
OT: AOTA Approved Provider of continuing
education # 11159 AOTA Classification
Code: Occupational Therapy Process-
Intervention. "The assignment of AOTA
CEU's does not imply endorsement of
specific course content, products, or clinical
procedures from AOTA."



Speaker Biography

Christiane Perme, PT CCS FCCM is a graduate from the Catholic University in Brazil. She is a Board Certified Cardiovascular and Pulmonary Clinical Specialist and a Fellow of the American College of Critical Care Medicine.

Mrs. Perme is the owner of Perme ICU Rehab Seminars and a Clinical Development Specialist at the Houston Methodist Hospital, where she practiced primarily in ICU for 30 years. She has published 18 articles and is co-author in 9 book chapters.

Mrs. Perme has presented hundreds of courses and lectures in the United States. She is also a world-renowned speaker with presentations in Colombia, Puerto Rico, Denmark, Russia, Brazil, Nigeria, and at the World Physical Therapy Congress in Spain, Canada, and Netherlands.



For additional information and special
needs requests, please contact:
cperme@permeseminars.com



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“FUNDAMENTALS OF ICU REHAB”

Presented by:
Christiane Perme, PT CCS FCCM

January 30-31, 2021 (Sat/Sun)
San Antonio, TX

Course Description

Therapists working with patients in ICU face complex challenges. The content of this course will guide clinicians through the process of understanding and managing adult ICU patients, from patient selection and therapeutic interventions to choosing outcome measures. This course is designed to inspire clinicians to reflect on and understand the clinical principles that promote best practices in the ICU and positively influence the recovery of patients.

Testimonials

"Chris is a GREAT course instructor! She presented ALL the information in organized & clear manner. Very dynamic and passionate speaker."

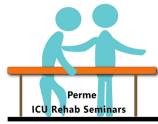
"Best course ever taken! Should be a requirement for every therapist prior to working in ICU."

"I loved and appreciated the photos/videos. Thank you and thank you for your compassion.."

"Great speaker who engages the class, very easy to pay attention. Personal experiences added great value to content being taught. Highly recommend this course."

"This course will impact my practice on a daily basis. Thank you!"

"Great energy and kept audience engaged for the entire 2 days!"



“FUNDAMENTALS OF ICU REHAB”

Objectives

Upon completion of this course participants will be able to:

- Select patients for early mobility and rehab in ICU using clinical decision-making skills.
- Identify ventilator settings on screen and summarize common modes of mechanical ventilation.
- Identify and state function of vascular catheters, tubes, and equipment commonly used in the ICU.
- Describe two types of weakness associated with critical illness.
- Discuss clinical implications of lab values and medications in ICU.
- Recognize importance of functional outcomes for patients in ICU.
- Examine therapeutic interventions as treatment options for patients in ICU.
- Identify the role of multidisciplinary team members in ICU.
- Synthesize information for use in clinical and academic practice.



Course Schedule

DAY 1 - FUNDAMENTALS OF ICU CARE

7:30-8:00: Registration
8:00-9:00: Early Mobility and Rehab in ICU: Clinical Concepts & Evidence Based Practice
9:00-9:30: Mechanical Ventilation Explained Simply
9:30- 9:45: BREAK
9:45–11:30: Mechanical Ventilation Explained Simply (cont.)
11:30-12:00: Non-invasive Positive Pressure Ventilation
12:00- 01:00: LUNCH
1:00–2:15: Vascular Catheters
2:15–3:00: Artificial Airways
3:00 - 3:15: BREAK
3:15–4:15: ICU Monitoring , Equipment and Medical Devices
4:15- 5:00: Mechanical Assistive Devices

DAY 2 - ESSENTIALS OF ICU REHAB

8:00–9:00: Weakness in the critically ill
9:00-10:00: Medications commonly used in the ICU
10:00 - 10:15: BREAK
10:15- 10:45: Interpreting Laboratory Values
10:45 -11:30: Assessment of patients in ICU
11:30-12:00: Functional outcome tools in ICU
12:00- 01:00: LUNCH
1:00-1:15: Post-Intensive Care Syndrome(PICS)
1:15 - 2:30: Therapy Interventions: Function oriented treatment from Positioning and Exercises
2:30 - 2:45: BREAK
2:45 - 3:45: Therapeutic Interventions in ICU: Function oriented treatment for Transfers and Ambulation
3:45 - 4:00: Final Thoughts / Discussion